

The Pregnancy Cycle



1 to 12 Weeks

- 21 days: heartbeat detected
- 5 weeks: limbs & organs have formed
- 8 weeks: 90% of body parts have formed



13 to 26 Weeks

- 13 weeks: sensory systems develop
- 15 weeks: baby can feel pain
- 18 weeks: baby can breathe & cry



26 Weeks to Birth

- 28 weeks: baby can respond to sounds & light
- 32 weeks: brain growth & lung maturation

Source: AmericanPregnancy.org

Get Help Here

Free and Confidential Pregnancy Care
Call 1-877-910-0096

Federally Qualified Health Centers
Visit FindaHealthCenter.hrsa.gov

National Council for Adoption
Call 703-299-6633

Victim of Abuse?
Call 800-799-7233 or
Text START to 88788

Forced Sex?
Call 1-888-373-7888

National Suicide Hotline
Call 800-273-8255



Feeling Forced to Abort?

Are you pregnant and feeling pressured to have an abortion by someone you know? Being coerced into an abortion is against the law and you are legally protected.

Unsure? These are examples:

"You won't get a penny of child support out of me."

"If you don't have an abortion, I'll leave you."

"I will no longer pay for your tuition if you have this baby."

"You're no longer my daughter if you have this child."

"I already made the appointment; you have no choice."

If you are in this situation, call (210) 614-7157.
Or Visit: ForcedAbortions.com

Birth Control Methods & The Morning After Pill

An abortifacient is a drug that can cause an abortion. Scientists agree, human life begins at fertilization.

Hormonal Birth Control methods work to prevent pregnancy by suppressing ovulation, thickening cervical mucus, changing movement within fallopian tubes, and thinning the uterine lining to **prevent implantation (an abortifacient)** after fertilization occurs.

The Morning After Pill works as an abortifacient by irritating the lining of the uterus, preventing implementation after fertilization occurs.

For a hormone-free, safe birth control option visit: NaturalCycles.com

Abortion Pill Reversal

If you have taken the first dose of the abortion pill and regret your decision, reversal is possible! It may not be too late!
Call: 877-558-0333
AbortionPillReversal.com

Laminaria Removal

If you are having second thoughts about having an abortion after laminaria insertion (seaweed sticks), you do not have to proceed. **Laminaria can be removed.**



SCAN HERE

For FREE Pregnancy & Parenting Resources

Adoption

Learn more about adoption at:
StandingWithYou.org/Adoption

Lifetime Adoption

24-Hour Hotline
Call or Text:
800-923-6784
LifetimeAdoption.com/Birthmothers

Christian Adoption Services

800-453-1011
ChristianAdopt.org

*"Adoption isn't a birthmother's rejection, but an unconditional love that inspires her to put herself last and do all she can for her baby."
- Mary Hines, Birthmother*

10 Common Medical & Psychological Side Effects of Abortion

Increased Medical Risks:

- Severe cramping
- Heavy bleeding
- Infection or sepsis
- Scarring of the uterine lining
- Perforation of the uterus
- Cervical laceration
- Incomplete abortion
- Infertility or difficulty becoming pregnant
- Preterm labor in future pregnancy
- Death

Increased Psychological Risks:

- Anxiety
- Anger
- Mood swings
- Depression
- Insomnia or nightmares
- Alcohol or drug abuse
- Loneliness or isolation
- Relationship issues
- Suicidal thoughts

Source:

American Pregnancy Association <https://americanpregnancy.org/unplanned-pregnancy/abortion-75934/>

After Abortion Support

We are *Standing With You* as you navigate through different emotions after an abortion. We all process emotions differently. You are not alone. These resources will meet you with the kindness and love you deserve.

| | | |
|------------------------|----------------|---|
| Project Rachel | 1-888-456-HOPE | HopeAfterAbortion.com |
| Abortion Changes You | NA | AbortionChangesYou.com |
| Support After Abortion | 844-289-4673 | SupportAfterAbortion.com |
| Rachel's Vineyard | 1-877-467-3463 | RachelsVineyard.org |
| Lumina | 1-877-586-4621 | PostAbortionHelp.org |

Pregnant? Or think you may be?

You are not alone.

There is help, hope, and support for you!

You do not have to sacrifice your education or career goals.

Standing With You is here to provide you with the resources and support you need to make a well-informed decision for yourself and your child.

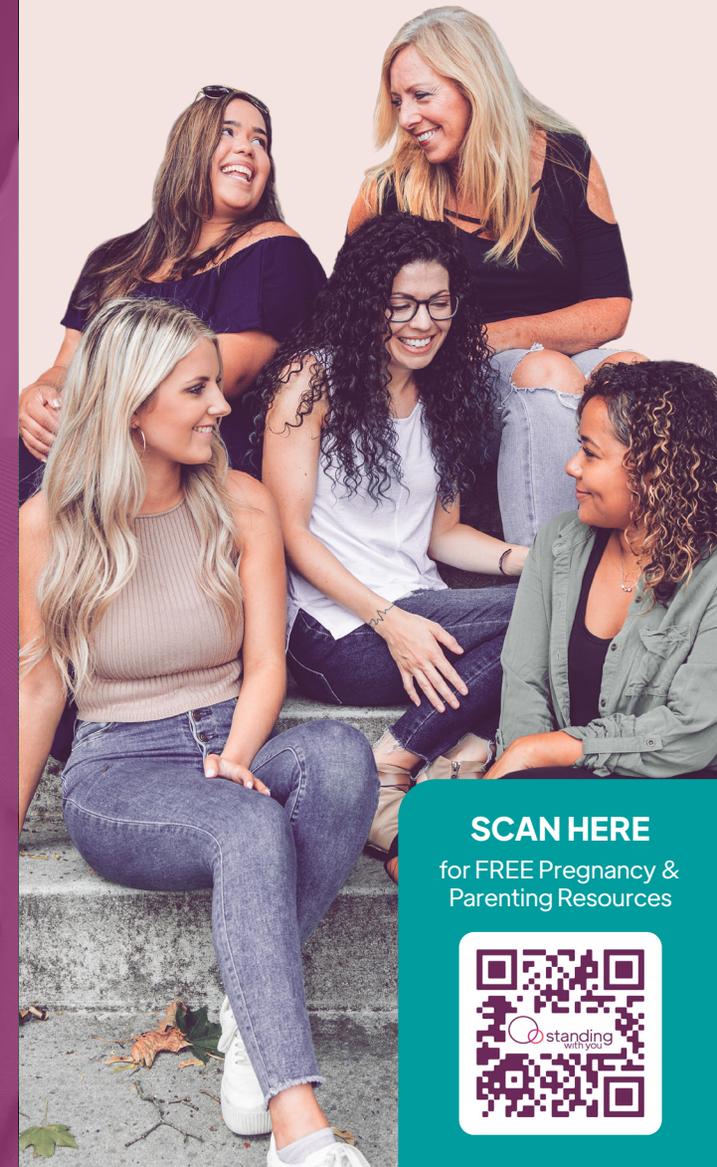


NEED ASSISTANCE?

SCAN HERE for FREE Pregnancy & Parenting Resources



No Woman Stands Alone



SCAN HERE

for FREE Pregnancy & Parenting Resources

